



Want to know the Studio Schedule?

- 1. Click on Classes & Fees*
- 2. Click on Book a Class*
- 3. You will see the current day's schedule.*

To the right of CLASS SCHEDULE, you will find 3 tabs:
TODAY, DAY, & WEEK. Choose accordingly!

You will find a list of classes with instructors.

We are using less paper and loving our planet more, PLEASE download the MindBody app on your mobile device for all classes and updates!!

Practice love. Namaste.